

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<ul style="list-style-type: none"> <li>• Greek Salad</li> <li>• Italian Meat Sauce</li> <li>• Pasta Marinara</li> <li>• Fresh Green Beans</li> <li>• Fruit Cup</li> </ul> <ul style="list-style-type: none"> <li>• Peanut Butter &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li>• Fresh Fruit</li> <li>• Chicken &amp; Yogurt Curry Sauce</li> <li>• Herbed Potatoes</li> <li>• Fresh Green Beans</li> <li>• Ginger Snaps</li> </ul> <ul style="list-style-type: none"> <li>• Cheese &amp; Grapes</li> </ul>	<ul style="list-style-type: none"> <li>• Spinach w/ Dill Cucumber Dressing</li> <li>• Grilled Chicken w/ Caper Butter</li> <li>• Carrots w/ Basil</li> <li>• Rutabagas w/ Paprika</li> <li>• Pumpkin Bread</li> <li>• Tuna &amp; Chips</li> </ul>	<ul style="list-style-type: none"> <li>• Blue Cheese Salad</li> <li>• Grilled Salmon</li> <li>• Corn &amp; Cauliflower</li> <li>• Mashed Potatoes</li> <li>• Berry Kuchen</li> </ul> <ul style="list-style-type: none"> <li>• Peaches &amp; Yogurt</li> </ul>	<ul style="list-style-type: none"> <li>• Green Goddess Salad</li> <li>• Quinoa Crusted Chicken</li> <li>• Mushroom Rice Pilaf</li> <li>• Spinach &amp; Greens</li> <li>• Dried Cherry Cookie</li> <li>• Fresh Fruit</li> </ul>	
<ul style="list-style-type: none"> <li>• Curry Carrot Soup</li> <li>• Grilled Chicken w/ Goat Cheese</li> <li>• Mixed Greens</li> <li>• Roasted Potatoes</li> <li>• Fresh Fruit Salad</li> </ul> <ul style="list-style-type: none"> <li>• Cheese &amp; Grapes</li> </ul>	<ul style="list-style-type: none"> <li>• Cole Slaw</li> <li>• Grilled Trout w/ Herbs</li> <li>• Sweet Potato Mash</li> <li>• Roasted Zucchini</li> <li>• Chocolate Chip Cookie</li> </ul> <ul style="list-style-type: none"> <li>• Peanut Butter &amp; Bananas</li> </ul>	<ul style="list-style-type: none"> <li>• Farro &amp; Tomato Salad</li> <li>• Grilled Salmon</li> <li>• Roasted Sweet Potatoes</li> <li>• Fresh Green Beans</li> <li>• Pumpkin Bread</li> </ul> <ul style="list-style-type: none"> <li>• Tzatziki &amp; Chips</li> </ul>	<ul style="list-style-type: none"> <li>• Mediterranean Slaw</li> <li>• Pork Tenderloin</li> <li>• Mushroom Rice Pilaf</li> <li>• Fresh Green Beans</li> <li>• Blue Berry Cake</li> </ul> <ul style="list-style-type: none"> <li>• Swiss Cheese &amp; Apples</li> </ul>	<ul style="list-style-type: none"> <li>• Fresh Fruit Salad</li> <li>• Mushroom Pizza w/ Capers</li> <li>• Grilled Chicken Caesar</li> <li>• Oatmeal Raisin Cookie</li> </ul> <ul style="list-style-type: none"> <li>• Tuna &amp; Chips</li> </ul>	
<ul style="list-style-type: none"> <li>• Garden Salad</li> <li>• Grilled Chicken w/ Curry Sauce</li> <li>• Herbed Raisin Rice</li> <li>• Cauliflower &amp; Carrots</li> <li>• Fresh Cut Fruit</li> </ul> <ul style="list-style-type: none"> <li>• Cheese &amp; Bread</li> </ul>	<ul style="list-style-type: none"> <li>• Fresh Cut Fruit</li> <li>• Chicken w/ Artichoke Relish</li> <li>• Carrots w Basil</li> <li>• Roasted Red Potatoes</li> <li>• Cranberry Cookies</li> </ul> <ul style="list-style-type: none"> <li>• Banana &amp; Peanut Butter</li> </ul>	<ul style="list-style-type: none"> <li>• Green Goddess Salad</li> <li>• Grilled Salmon</li> <li>• Mushroom Rice Pilaf</li> <li>• Asparagus &amp; Carrots</li> <li>• Oatmeal Cookie</li> </ul> <ul style="list-style-type: none"> <li>• Cheese &amp; Grapes</li> </ul>	<ul style="list-style-type: none"> <li>• Caesar Salad</li> <li>• Pecan Crusted Chicken</li> <li>• Roasted Red Potatoes</li> <li>• Carrots Lyonnaise</li> <li>• Orange Fig Cake</li> </ul> <ul style="list-style-type: none"> <li>• Artichoke Dip and Chips</li> </ul>	<ul style="list-style-type: none"> <li>• Garden Salad</li> <li>• Roasted Chicken</li> <li>• Horseradish Mash Potatoes</li> <li>• Fresh Green Beans</li> <li>• Ginger Snaps</li> </ul> <ul style="list-style-type: none"> <li>• Fresh Fruit</li> </ul>	
<div style="display: flex; justify-content: space-between;"> <span>23</span> <span>24</span> <span>25</span> <span>26</span> <span>27</span> </div> <h2 style="text-align: center;">CLOSED FOR THE CHRISTMAS HOLIDAY</h2> <h3 style="text-align: center;">MERRY CHRISTMAS!</h3>					
<ul style="list-style-type: none"> <li>• Fruit Salad</li> <li>• Breaded Chicken</li> <li>• Roasted Potatoes</li> <li>• Roasted Zucchini</li> <li>• Ginger Snap</li> </ul> <ul style="list-style-type: none"> <li>• Apples &amp; Peanut Butter</li> </ul>	<ul style="list-style-type: none"> <li>• Garden Salad</li> <li>• Grilled Salmon</li> <li>• Mushroom Rice Pilaf</li> <li>• Asparagus &amp; Carrots</li> <li>• Oatmeal Cookie</li> </ul> <ul style="list-style-type: none"> <li>• Cheese &amp; Grapes</li> </ul>	 <h3>DECEMBER 2024 MENU</h3> <p><b>CHRISTMAS MEMORIES: IN THEIR OWN WORDS</b></p> <p>"The Christmas tree! It had a pointed bulb at the top and the lights were always red, green and white." – Jim</p>			



# FAMILY SPIRIT

## DAY PROGRAM CALENDAR AND MENU ← DECEMBER 2024

### HO! HO! HO! THE HOLIDAYS ARE HERE!

We love the holidays at Amazing Place! We began celebrating with our annual Friendsgiving on November 14. More than 75 Day Program participants and family members gathered to give thanks for Amazing Place as volunteers and staff served a delicious meal prepared by our fabulous culinary team.

"Friendsgiving is a much loved tradition at Amazing Place," says Carol Cooper, our Day Program Director. "More than a meal, it's a shared acknowledgement by the Amazing Place family of how our lives are enriched because of each other. We cherish this time together."

Amazing Place volunteers and staff showed up to deck our halls for Christmas right after Thanksgiving. These festive decorations set the stage for the many holiday activities we will enjoy in the coming weeks. This year, our holiday schedule includes

**Holiday Store Bonanza.** Our participants will shop for loved ones from Mon., Dec. 9 - Thur., Dec. 12 thanks to our many supporters who provide new or gently used items for our Holiday Store. Let the Front Desk or a volunteer know if you have items to donate.

**Holiday Performances.** Throughout December, Amazing Place will host a variety of entertainment, including school choirs, musical groups and even a staff talent show. Check the inside calendar for details.

**Excursion.** Our participants will have a holiday excursion to Brookwood on Dec. 17 and 18 where they'll enjoy lunch and shopping.



**Staff Spotlight: Tee McKenzie,**  
Participant Program Leader

**Time at AP:** 3 years

**Favorite part of the job:**

The daily interaction with participants, families, volunteers and staff. I especially enjoy leading Bible study expressing my faith and belief.

**Personal Hobbies:**

Listening to music, jigsaw puzzles, reading, visiting museums, time with grandkids

**Favorite Bible Verse:**

"I can do all things through Christ who strengthens me." — Philippians 4:13

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>8:00 AM</b> Searching for October – Word Search <b>2</b> <b>9:30 AM</b> Wordles & Connections <b>10:00 AM</b> Houston Symphony <b>11:00 AM</b> Tai Chi <b>11:30 AM</b> Christmas Song Singalong <b>2:15 PM</b> Mistletoe & Christmas Trees	<b>9:00 AM</b> Aww but Educational <b>3</b> <b>9:35 AM</b> Boat Load of Crosswords <b>10:20 AM</b> Cyber Monday <b>11:00 AM</b> Light Exercise <b>11:30 AM</b> Spot the Difference <b>2:15 PM</b> Charles Ringling Day <b>4:00 PM</b> A Dickens of a Quiz	<b>8:00 AM</b> Morning Puzzlers <b>4</b> <b>9:35 AM</b> Brag a Little Day <b>10:45 AM</b> Presbyterian School Choir <b>11:30 AM</b> Great Light Fight <b>1:00 PM</b> High/Lo Card Game <b>2:15 PM</b> Wildlife Conservation Day <b>4:30 PM</b> Xbox Bowling	<b>9:00 AM</b> Amazing Nature <b>5</b> <b>9:35 AM</b> Mind Matters – Visual Spatial Games <b>11:00 AM</b> Bopping to the Oldie <b>1:00 PM</b> TimeSlips Creative Writing <b>2:15 PM</b> “Cheers” – Mocktails <b>4:00 PM</b> Bird Tales	<b>8:00 AM</b> Coffee Social <b>6</b> <b>9:35 AM</b> Men’s Group <b>10:20 AM</b> St. Nicholas Day <b>11:30 AM</b> Science Corner <b>2:15 PM</b> Doggie Talent Show <b>2:45 PM</b> Afternoon Refreshments <b>4:00 PM</b> Sharing Stories
<b>HOLIDAY STORE BONANZA 9</b> <b>9:00 AM</b> Daily Introduction <b>9:35 AM</b> Cranium Crunches <b>10:20 AM</b> Jeopardy <b>11:00 AM</b> Morning Workout <b>11:30 AM</b> Holiday Hits <b>2:15 PM</b> December Birthday Celebration! <b>3:20 PM</b> Stretch & Meditate	<b>HOLIDAY STORE BONANZA 10</b> <b>8:00 AM</b> Puzzling Matters <b>9:35 AM</b> Good News Network <b>10:20 AM</b> Winter Fun Chat <b>11:00 AM</b> Tone It Up Tuesday <b>11:30 AM</b> Gift of the Magi <b>2:15 PM</b> Destination: Montreux, Switzerland <b>3:20 PM</b> Laughter Yoga	<b>HOLIDAY STORE BONANZA 11</b> <b>8:00 AM</b> Coffee Chat <b>9:35 AM</b> Mind Matters <b>10:20 AM</b> Apps Chat <b>11:00 AM</b> Physical Exercise <b>2:15 PM</b> Christmas Party # 1 Entertainment by The Sunshiners Band <b>3:20 PM</b> Balloon Bash	<b>HOLIDAY STORE BONANZA 12</b> <b>9:35 AM</b> Boat Load of Crosswords <b>10:20 AM</b> Life Stories <b>11:30 AM</b> Cranium Crunches <b>2:15 PM</b> Christmas Party #2 - Staff & Participant Talent Show <b>3:20 PM</b> Stretch & Meditate <b>4:00 PM</b> Joke Time	<b>8:00 AM</b> Jigsaw Fun <b>13</b> <b>9:35 AM</b> Cranium Crunches <b>10:20 AM</b> Our Precious Moments <b>11:00 AM</b> Dancing to the Oldies <b>11:30 AM</b> Participants’ Choice – Entertainment <b>2:15 PM</b> All About the Houston Zoo <b>4:00 PM</b> What am I?
<b>8:00 AM</b> Houston News <b>16</b> <b>9:35 AM</b> Scrabble Day <b>10:20 AM</b> Beethoven’s Birthday <b>11:00 AM</b> Exercise <b>2:15 PM</b> Piano & Flute Concert <b>2:45 PM</b> Afternoon Refreshments <b>4:00 PM</b> Malarkey or Trivia	<b>9:00 AM</b> Daily Introduction <b>17</b> <b>9:35 AM</b> Sudoku <b>10:20 AM</b> Art Class <b>11:30 AM</b> Participants’ Choice – Singalong <b>1:00 PM</b> Leisure Hour <b>2:15 PM</b> Movie – <i>It’s a Wonderful Life</i> <b>3:20 PM</b> Laughter Yoga	<b>8:00 AM</b> Coffee Time <b>18</b> <b>9:35 AM</b> Mind Matters <b>10:20 AM</b> Family & Friends <b>11:30 AM</b> Science and Technology <b>1:00 PM</b> Bridge Club <b>2:15 PM</b> Participants’ Council <b>4:00 PM</b> Thesaurus Fun	<b>9:00 AM</b> Daily Introduction <b>19</b> <b>9:35 AM</b> Vocabulary Builders <b>10:20 AM</b> Painting <b>11:00 AM</b> Rhythmic Exercise <b>11:30 AM</b> Magic Secrets <b>2:15 PM</b> Believe It or Not <b>4:30 PM</b> Participants’ Choice	<b>8:00 AM</b> Current Events <b>20</b> <b>9:35 AM</b> Cranium Board Game <b>11:00 AM</b> Rhythmic Exercise <b>11:30 AM</b> Science Corner <b>2:15 PM</b> Underdog Day <b>3:20 PM</b> Wordscapes <b>4:00 PM</b> Zodiac Fun
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
<h2 style="color: #0070C0;">CLOSED FOR THE CHRISTMAS HOLIDAY MERRY CHRISTMAS!</h2>				
<b>9:00 AM</b> Weekend Update <b>30</b> <b>9:35 AM</b> Mind Matters <b>10:00 AM</b> Holiday Stories <b>11:30 AM</b> Flower Arranging <b>2:15 PM</b> Hanukkah – True/False <b>3:20 PM</b> Stretch Away The Stress <b>4:00 PM</b> Chicken Soup for the Soul	<b>9:00 AM</b> Saying Goodbye to 2024 <b>31</b> <b>9:35 AM</b> Jeopardy <b>10:30 AM</b> What’s New in 2025 <b>11:00 AM</b> Balance Exercise <b>2:15 PM</b> New Year’s Eve Celebration! <b>2:45 PM</b> BINGO <b>4:00 PM</b> Talking Resolutions	 <h1 style="color: white; background-color: #0070C0; padding: 10px; display: inline-block;">DECEMBER 2024</h1>		
 <p><b>CHRISTMAS MEMORIES: IN THEIR OWN WORDS</b>          “My mother Charlotte always did these wonderful decorations – figures dipped in wax on special display.” – Steven          “New clothes. My mother made beautiful new outfits for me and my dolls.” – Bette          “The best Christmas wish is for family to be happy, healthy and safe!” – Harrison</p>				


### DAILY PROGRAM SCHEDULE\*

- 7:30** Coffee & juice served; Individualized options range from worksheets to reading the paper
- 9:00** Introduction to the day’s schedule
- 10:00** Assorted programs ranging from art to cognitive exercises
- 11:00** Mild physical exercise
- 11:30** Entertainment & educational programming
- Noon** Lunch
- 1:00** Bible study & alternate programs
- 2:15** Group presentations
- 2:45** Afternoon refreshments
- 3:30** Stretching and/or meditation
- 4:00** Reminiscing
- 5:00** Participant choice programming

\* Schedule may change for special events and programs may be adjusted to meet the needs of participants.

Our curriculum incorporates elements of the creative and cultural arts, enriched social activities, civic service, fitness, compensatory cognitive interventions, and spirituality.

For more information, contact:  
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**AMAZING PLACE.**