

Monday

Tuesday

Wednesday

Thursday

Friday

August 2017

**August is Bolivian heritage month at Amazing Place *denotes themed programs*

<p>8:00 AM- Horoscope Fun 1 9:30 AM- Word Mahjong 10:30 AM- Zumba® 11:30 AM- Reminiscing 1:00 PM- Leisure Hour 2:15 PM- *Visit the Amalfi Coast 3:45 PM- Refreshments on the Patio</p>	<p>8:00 AM- Early Bird Dominoes 2 9:30 AM- New Members Consortium 10:30 AM- Strength & Balance Exercises 11:30 AM- Jokes & Riddles 2:00 PM- Grayfoxxe Concert 3:10 PM- Scrapbooking- Birthday Cards 3:50 PM- Skip-bo</p>	<p>8:00 AM- Bread Making 3 9:30 AM- Creative Writing 10:30 AM- Rhythmic Workout 11:30 AM- Inspirational News 2:15 PM- Name That Tune 3:10 PM- Bolo Toss Challenge 3:50 PM- Sequence Card Game</p>	<p>8:00 AM- Coloring with Acrylics 4 9:30 AM- Tai Chi 10:55 AM- MoMA 11:30 AM- Name That Tune 2:15 PM- Chicago's birthday 3:30 PM- Afternoon Stretch 3:50 PM- Country Music Classics</p>
<p>9:00 AM- Pet Stories 7 9:30 AM- Flower Arranging 10:30 AM- Cycling Class 11:30 AM- American Bandstand 2:15 PM- *Bolivian Independence 3:10 PM- Bocce Ball 3:50 PM- Life Stories</p>	<p>8:00 AM- Puzzling Matters 8 9:30 AM- Common Beginnings- Fill-in-blank 10:30 AM- Advanced-Acrylics 11:30 AM- Jokes & Riddles 2:15 PM- Family Feud- Battle of the Sexes 3:10 PM- Mud Masks 5:00 PM- Skip-bo</p>	<p>8:00 AM- Coffee & Conversation 9 9:30 AM- Freerice.com- Vocabulary Challenge 10:30 AM- Water Color Painting 11:30 AM- Loaded Questions 2:15 PM- *Culinary Arts-Empanadas 3:10 PM- Boomers Breakout- Vacation Memories 3:50 PM- Silly Animal Videos</p>	<p>8:00 AM- Pastel Art 10 9:30 AM- Visual-Spatial Games 10:30 AM- Daily Workout 11:30 AM- 99th PGA Championship Begins 2:15 PM- Susan R. Visits Austria 3:10 PM- Reminds Me of Me Magazine Scavenger Hunt 3:50 PM- Inspirational People</p>
<p>8:00 AM- Junk Drawer Detective 14 9:30 AM- Early Morning Stretch 10:55 AM- Bookworm 11:30 AM- Stories in a Bucket 2:15 PM- Who am I? 3:10 PM- Word Worm Deluxe 3:50 PM- Bird Tales</p>	<p>8:00 AM- Crosswords & Word Searches 15 9:30 AM- Watercolor Painting 10:30 AM- Church Service 11:30 AM- Chicken Soup for the Soul 2:15 PM- * Stories & Pics from Bolivia 3:10 PM- Refreshments 3:50 PM- Table Top Bowling</p>	<p>8:00 AM- Selfie Day- Take Your Best Shot 16 9:30 AM- Mind Matters 10:30 AM- * Exercise in Española 11:30 AM- How It's Made 2:15 PM- *Spanish Speakers Club 3:10 PM- Pet Chat 3:50 PM- Soccer</p>	<p>8:00 AM- Shuffle Board Lessons 17 9:30 AM- Acrylics Painting 10:30 AM- TimeSlips- Writers Workshop 11:30 AM- Trivia Crack 2:15 PM- Wacky Wordies & Concentration Puzzles 3:10 PM- Sequence-Card Game 3:50 PM- Xbox Kinect</p>
<p>8:00 AM- Weekend Review 21 9:30 AM- Flower Arranging 10:30 AM- Cycling 11:30 AM- Science Corner- Solar Eclipse 2:15 PM- 3 of a Kind- Word Associations 3:10 PM- Kids Say the Darndest Things 3:50 PM- Malarkey</p>	<p>8:00 AM- Crosswords, Searches & Jigsaws 22 9:30 AM- Mind Matters 10:00 AM- Encyclopedia Questionnaire 11:30 AM- Jokes & Riddles 2:15 PM- August Birthday Celebration 3:10 PM- Taboo 3:50 PM- Karaoke</p>	<p>9:30 AM- Life Stories 23 10:30 AM- Macho Man Workout 11:30 AM- *Art of Reberto Mamani Mamani 2:15 PM- Team Jeopardy 3:10 PM- Laughter Yoga 3:50 PM- Cranium-Board Game</p>	<p>8:00 AM- Houston News 24 9:30 AM- Musical Painting 10:30 AM- Rhythmic Workout 11:30 AM- Freerice.com- Geography 2:15 PM- Scattergories 3:10 PM- Photographing Flowers 3:50 PM- Balloon Volleyball</p>
<p>8:00 AM- Coffee & Conversation 28 9:30 AM- Floral BINGO 10:30 AM- Fire Safety 11:30 AM- Connect 4- Team Trivia 2:15 PM- Faithful Paws 3:10 PM- Relaxation & Meditation 3:50 PM- *Bolivian Wildlife"</p>	<p>8:00 AM- Houston News 29 9:30 AM- Cranium-the Board Game 10:30 AM- Advanced Acrylics 11:30 AM- You Be the Judge 2:15 PM- BINGO 3:10 PM- Board Games 3:50 PM- What Am I?</p>	<p>8:00 AM- Facebook Funnies 30 9:30 AM- Mind Matters 10:30 AM- Cycling to the Oldies 11:30 AM- Brain Game-the Show 2:15 PM- Participant Council 3:10 PM- Afternoon Tea 3:50 PM- This Month in History</p>	<p>8:00 AM- Puzzling Matters 31 9:30 AM- Stories behind the Paintings 10:30 AM- Stretch and Strengthen 11:30 AM- Science Corner 2:15 PM- Who Am I? 3:10 PM- ImPRESSive Leaf Art 3:50 PM- Bolo Toss</p>

Daily Program Schedule*

- 7:30 Coffee, News & Independent Studies
- 9:30 Cognitive Exercises & Reminiscence Group (Mon-flower arranging) (Art-Tuesday)
- 10:30 Physical Exercise (low mobility group & mild group) (Art-Tuesday)
- 11:00 Reminiscence/Informative program (low mobility exercisers) or Exercise (mild group)
- 11:30 Entertainment or Cognitive Exercises
- Noon Lunch
- 1:00 Leisure Choices
- 2:15 Large group presentations (examples: music/culture/current events/ etc)
- 2:45 Refreshments
- 3:15 Physical group or Group expression
- 3:50 Self esteem/ Reminiscence/ Board Games
- 4:30 News/entertainment

**Schedule may change for special events and programs may be adjusted to meet the needs of participants.*

Our curriculum incorporates elements of the creative and cultural arts, enriched social activities, civic service, fitness, compensatory cognitive interventions, and spirituality.

For more information, contact **Emile Unverzagt, MA, AD/TXC**, Participant Program Director, 713.552.0420, emunverzagt@amazingplacehoustonplace.org

August Birthdays:

STAFF	
Kaneisha Y	8/8
Susan G	8/21
Emile U	8/25
Suzy L	8/28

PARTICIPANTS	
Sara S	8/3
Dorthia W	8/5
Antoinette B	8/14
Steve W	8/18
Gerald F	8/25
Ron E	8/28
Marsha E	8/28
Shirley N	8/31

